SELF ADJUSTMENT WITH DISABILITIES IN THE BODY OF A NON-BIRTH

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Key Word :

ABSTRACT :
Based on the problems that arise, this study aims to lift a phenomenon that occurs within a certain community groups and the less fortunate, adjustment of the disabled body is not innate. Adjustment to a situation is not easy, especially individuals who initially normal, disability due to accident. Individuals are required to deal with the pressures that come from within themselves or their environment. Adjustment that could be good or bad. Adjustment can be good if one can adapt in order to achieve satisfaction in an effort to meet the needs, overcome tension, frustration and conflict, whereas a failure of adjustment can result in poor where someone was showing a state anxiety, depression and interpersonal barriers. As for the changes that occur in persons with disabilities include difficulty working, poor families needs are met, difficulties in activities, loss of confidence and so on. This amendment would need to be addressed and requires individuals to make adjustments themselves against these conditions. In completing this research carried out by using case study method to try to respondents can and will answer various circumstances experienced or questions about the adjustment problems in the environment, especially the study, data collected and directed the processes in the subject's ability to adjust. Besides observation also made by observing the behavior and activities of the research subjects, to make a learned description, activities that took place, and people involved in the observed events. From the research results can be seen that the image adjustment, including a good subject, it is seen from the dimensions of adjustment, among others, the subject has good self esteem, subjects feeling of happiness when he defects, the subject of overcoming overcome anxiety arising in him, a feeling free and independent and they are running live, but the subject has little sense of the subject hypochondriasis often feel pain complaints with their health. However, subjects generally have good self adjustment and capable of adapting to the situation. Some suggestions that can be given by the researchers to the subject that is, the subject is expected to remain engaged job
now and do not despair. As for advice for people in the environment is expected to subject the people do not feel sad by the subject but still provide support and encouragement to the subject. As for advice for the next researcher is expected to develop other cases adjustment is very important for every individual in relation to the environment.