ANXIETY IN ELDEST CHILDREN WHO ARE UNEMPLOYED (QUALITATIVE APPROACH).

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Undergraduate Program, 2006

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Key Words: ANXIETY, ELDEST CHILDREN

ABSTRACT:
The research aims to find out about the anxiety of the firstborn, who are unemployed, and some reasons or the causes of anxiety on the firstborn who are unemployed. The research questions how the picture of anxiety experienced by the firstborn who are unemployed and the factors that influence the anxiety of the firstborn who are unemployed. The method used in this study was a qualitative study using triangulation of data, observers, theories and methods are analyzed in some cases associated with theories that already exist. Data collection techniques used in this study is an interview with the general guidelines and observations made on three subject researchers to compare the picture and the factors of anxiety on the firstborn who are unemployed. The results of this study indicate that the anxiety experienced by the eldest son can be seen from the four characteristics of cognitive manifestations of anxiety that is subject experiencing difficulty in concentrating, difficulty sleeping or insomnia, and difficulty in making decisions. Anxiety is manifested into motor behavior causing the subject to irregular movements without realizing it and not trending. Furthermore, the somatic manifestations of anxiety in the form of physical and biological reactions that cause the subject to feel the physical disturbances that is felt when the subject is in a situation that causes anxiety. Last is the anxiety are affective, is feelings of anxiety on the individual that raises concern, discomfort, feeling threatened and anxious feelings are prolonged. The factors that led to the eldest child experienced anxiety in the event of unemployment than the symptoms of anxiety that has been mentioned above, there are also external factors demands of parents leads to excessive conflict within him. Subjects had to deal with unpredictable events such as when waiting for a job, this caused an unusual situation that does not immediately understand the subject let alone the existence of two different opinions between desires subject to the demands of parents.