DIFFERENCES LEVELS OF ANXIETY IN ADAPTING TO NEW ENVIRONMENT BASED ON INTROVERT-EKSTROVERT TYPE OF PERSONALITY TO FRESHMAN

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ABSTRACT:
For many students the beginning of the level of tension that emerged in the early course of tertiary mixed with anxiety as arising from the separation from friends and family, and anxiety about the formation of a new social life. Beginning level students also have the typical pattern of behavior once in his life. Behavior patterns is what is called personality. Human personality may reflect the existence of a pattern of behavior that characterize life in general can be grouped into personality types extrovert personality and introverted personality types. In adapting these two personality types has a different way. Objectives to be achieved in this study was to examine differences in levels of anxiety in adapting to new environments based on personality types extrovert-introvert at the level of student research was carried out against the initial level of 85 students at the University Gunadarma Margonda, initial level of 22 students extroverted personality type, 9 of type introverts and 54 type ambivert. Collecting data in this study uses a questionnaire to test the validity and test data reliability and two unrelated samples (independence) is the result of this research can be concluded that in general there are significant differences on the level of anxiety in adapting to the new environment of the early level student who introverted personality and the extrovert. This study shows that the initial level students who have an introverted personality type levels of anxiety in adapting to new environments is higher than the initial level students extroverted personality type. Reliability for the anxiety scale was 0.909, of the 60 items tested, 46 items are valid, while reliability for the scale of personality types is 0.7354, the 46 items tested there are 21 valid items. The research was supported by the results of Mann-Whitney test of anxiety in adapting to the new environment with personality types that show the results of z = -4311, with a significance of 0.000 (p =